

Wine

Contributed by [18Doors](#)

Source: Interfaith Family, Shabbat Made Easy

Judaism uses wine to sanctify time. There are several different versions of the blessing over the wine, depending on the occasion or holiday, but they all have the same core words:

בְּרוּךְ אַתָּה אֲדֹנָי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן

BA-RUKH A-TA A-DON-AI EL-O-HEY-NU MEL-EKH HA-O-LAM BO-REY P'RI HA-GA-FEN

Blessed are You, Lord our God, Ruler of the universe, Who creates the fruit of the vine. [A traditional translation.]

Holy One of Blessing, Your Presence fills creation, forming the fruit of the vine. [An alternative translation from Vetaher Libenu, a prayerbook created by Congregation Beth El of the Sudbury River Valley.]

Since the blessing is over fruit of the vine, you may also choose to use grape juice. In some families, the honor of saying this blessing belongs to the man of the house and in others the family joins together in saying the blessing. You may choose to have wine in one special cup that is passed to each guest after the blessing or you may have a cup for each person.

http://www.interfaithfamily.com/holidays/shabbat_and_other_holidays/Shab...