

Shehechyanu

Contributed by [Custom & Craft](#)

Source: Custom & Craft

The shehechyanu blessing thanks the creator for giving us life, sustaining us, and allowing us to reach this day. This blessing is said at momentous occasions, and tonight counts because it is the night when we can finally look back on the whole previous year. We made it! Whether bitter or sweet, difficult or fun, tonight we celebrate and feel grateful for making it to today, and to this table to reflect with people we care about.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שְׁהַחַיְנוּ וְקִיַּמְנוּ וְהִגַּעְנוּ לַזְּמַן הַזֶּה

Barukh ata adonai elohenu melekh ha'olam, shehecheyanu, v'kiymanu, v'higiyanu la'zman ha'zeh

Blessed are You, Adonai our God, Ruler of the Universe who has given us life, sustained us, and allowed us to reach this day.