

# The Higgs Field

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Source: Rachel Kann: <https://realizeparadise.com/>

## The Higgs Field: Each Green Unfurling

by Rachel Kann

Can you imagine the practical grace  
in your thoroughgoing pulsation?  
The surge of blood toward and from,  
the electric whisper of your heart's continuing?

Do you grasp the implication  
of your lungs' twinned genius?  
The expansion and contraction  
in eternal pranic tango  
with each green unfurling?

The gift of  
paroxysms of laughter?

The wonder  
that is your stumbling journey?

The elaborate code  
of your elegant animal?

The miraculous machinery  
of your is-ness,  
if you could witness it,  
would knock you to your knees in awe,  
raise you to your toes in grateful praise

to the greatness that set the tempo,  
made momentum out  
of the ineffable substance  
our every atom is pushing through.