

# Light

Contributed by [Custom & Craft](#)

Source:

*Light two candles (or one for each member of your family). Pause for a moment to look into the flames. Circle the flames with your hands three times and then cover your eyes as you recite the blessing. Peeking is OK!*

**בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת**

*Baruch ata Adonai, Eloheinu Melech ha-olam, asher kidshanu b'mitzvotav vitzivanu l'hadlik ner shel Shabbat.*

Blessed are You, Adonai our God, Ruler of the Universe, whose mitzvot add holiness to our lives and who has given us the mitzvah to kindle the lights of Shabbat