

Reflecting on the Past Year

Contributed by [Custom & Craft](#)

Source: Custom & Craft

We all have thoughts and feelings from the past year that we'd like to get rid of or forget. During tashlich, we take some breadcrumbs and sprinkle them into a body of water, symbolically ridding ourselves of the sins and bad feelings that have been weighing us down. Now we can go into the new year with a clean slate.